



## Languages Week



This week Nazareth held our first ever Languages Week to celebrate the rich linguistic diversity of our community as well as raise awareness of the benefits of and pathways for language learning. From Australian First Nations' Languages to Italian, Vietnamese to Romanian, Malayalam to Dinka, our community speak and learn many different languages. Throughout this week, students and staff have shared their languages with our community through a range of activities including lunchtime workshops, poster competition, class

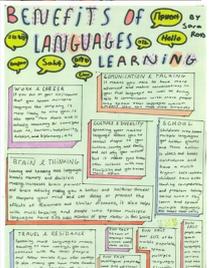
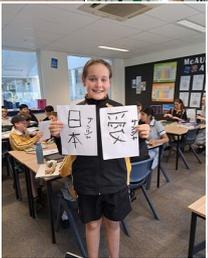
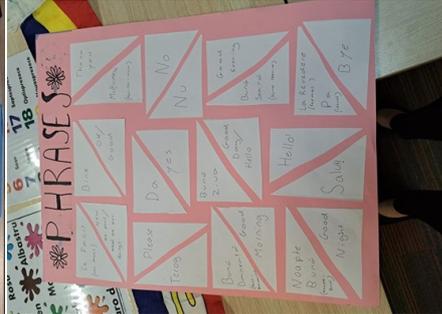
discussions, a great debate in Japanese, daily prayer in other languages and language learning information on our social media channels.

*"Being multilingual, Languages Week was an excellent opportunity for me. I really enjoyed just about everything because I personally love learning languages. I enjoyed learning new languages and getting an idea on just how linguistically diverse the Nazareth Community is. Languages Week was a great initiative for students across all year levels, especially other multilingual people, but even monolingual ones! The week was a great opportunity to learn and know more about language diversity and maybe even find someone who knows the same languages as you!" - Saanvi (Sana) Sharma, Year 8*

*"I greatly enjoyed discovering how to say welcome in other languages. When I participated in a workshop for Languages Week, I taught individuals how to say and spell their names in Greek. This was a great bonding activity, as I got to learn other students' names and they learnt how their name is spelled and pronounced in Greek. I also taught students some traditional Greek meals such as Gemista and Dolmades. I also learnt about Romanian culture from Sara. Being part of an informational, exciting week was such a pleasure and I'm looking forward to our next Languages Week already." - Ioanna Tapanidou, Year 8*

**Ms Megan Lock**

**7-12 Leader of Teaching & Learning - Languages**



## Year 12 Retreat



*"You don't have to be perfect to be blessed; be brave, be kind, and be you."*

Year 12 Retreat last week was a special time of reflection, growth and celebration. Students took time to appreciate each other as companions, to appreciate their journey together, and the journey ahead of them.



# Year 6 Camp



Adventures and memories that will last a lifetime - Year 6 Camp 2023

Our Year 6s returned from an amazing camp experience this week. From archery and the giant swing to the talent show and snacks galore, it was an unforgettable experience. Students enjoyed making new friends and challenging themselves with team-building activities.







## Year 10 Black Dog Institute Presentation



On Monday, Year 10 Health and Year 10 Fitness classes had the opportunity to listen to a Mental Fitness Presentation from Australian volleyball player Stefanie Weiler. The presentation is part of a partnership between the AIS and Black Dog Institute and is delivered by elite athletes who have been trained to share their experiences with mental fitness techniques and to interact with students to help them become more aware of the strength, flexibility and endurance tools required to support mental fitness. Students will continue to explore these tools through the BITE BACK Challenge in class <https://www.biteback.org.au/>.

However, the challenge is open to all secondary school students and is an excellent way to work towards training the brain to manage daily stresses without feeling overwhelmed, upset or worried and finding meaning and purpose. Thank you Stefanie for sharing your amazing athletic journey and the importance that mental fitness plays in managing challenges.

***Mrs Michelle Joynes and Ms Felicity Pearce***  
***Year 10 Health & Fitness Teachers***

## Musical Theatre Workshop



On Monday 6 March, Year 11 students in the School Musical – Industry Connections class were fortunate to participate in a musical theatre workshop with an entertainment industry professional, Stephanie Acraman. Stephanie shared with the class her broad and extensive performing arts experience as a dancer, actor, singer, and artist manager and artistic director. All students learned about the importance of being flexible and open to opportunities and networking with others in the industry.

The class was very excited to participate in a range of practical activities to develop their focus, group work, and confidence. They then rose to the challenge of singing as an ensemble, even when it was beyond their comfort zone.

Congratulations to all the students involved in this successful workshop. We look forward to seeing you apply your musical theatre skills in Grease the co-curricular musical later this year.

***Ms Anita Wallace***

***R-12 Performing Arts Coordinator (Drama)***



## Catholic Schools Swimming Carnival



Last week our students participated in the Catholic Co-Educational Swimming Carnival and Nazareth achieved amazing results!

A few highlights:

- We won 2 championship shields: U15 Boys and U16 Girls
- We placed second in almost all the remaining age group categories
- We won 3 out of 4 medley relays, and our teams were well represented in top placings for the Freestyle relays also
- There were some excellent individual achievements including Marcus Clinch who won his 50m Breaststroke by a whole 11 seconds
- All-time high rates of participation... we filled EVERY event and there was not an empty lane all night which speaks volumes about

our school pride

- And we had the largest spectator base with all the students and families who attended to support and volunteer with jobs. Nazareth had the loudest cheers in the venue, which helped us dominate the evening (thank you)!

Congratulations to all involved.



## Pickle Ball Fun



Every Wednesday Learning Diversity students attend Pickle Ball sessions run by One Culture. Pickleball is an indoor or outdoor racket sport where two players, or four players, hit a perforated hollow polymer ball over a net using solid-faced paddles. Opponents on either side of the net hit the ball back and forth until one side commits a rule infraction. Year 9 student Chiara Caristo is the 2023 Pickle Ball Captain.

*"Team leadership is one of the main areas i am focusing on, by helping my team with pickle ball, especially our new Year 7 students and students who are new to the sport. Another area I am focusing on is communication with our coaches, and sportsmanship,"* says Chiara.



## International Women's Day



On Wednesday it was International Women's Day!

We celebrated in many ways - recognising the wonderful women in our community.

On Wednesday, the Year 12 leaders provided morning tea for staff at the Flinders Park Campus and the St Gabriel Centre to say "thank you for everything you do for us" and senior Italian students Ada and Lauren attended an #IWD dinner with Radio Italiana 531 Adelaide.

Then this morning, 70 Year 12 students had the opportunity to listen to the Adelaide International Women's Day Breakfast addressed by Penny Wong, thanks to a generous donation by Nazareth parent Ann Morgan.

The message of #IWD23 is centred around gender equality and it's important to involve and empower young women AND men to #EmbraceEquity. The earlier we can start with this messaging, the better!

Happy International Women's Day to all the amazing Women in our Nazareth Community, and thank you for everything you do!



## Nutrition Tips from Flinders University Nutrition & Dietetics Students



Our Primary students have been in the garden with Flinders University Nutrition & Dietetics placement students.

Marabelle and Chloe ran a “Making & Growing Healthy Food” project with Year 2 and 5 Buddy Classes last week, where students learnt about how to make healthy choices, and grow their own vegetables in our schools community gardens.

Together they germinated snow peas and broad beans and their seedlings will be ready to be planted into the garden beds soon!

Why grow peas and beans? They are...

1. Great source of protein - needed for growth and development and repair.
2. High in fiber - promoting feelings of fullness and protecting our health and risk of chronic illnesses like diabetes, cancer and heart disease.
3. Budget friendly - easily accessible, relatively cheap, provide versatility in different diets and you are able to grow them yourself at home!

With the school term well underway, Marabelle and Chloe also thought it was timely to share some tips for building a healthy lunchbox! Click 'Read more' to see their tips.

What children eat during their day at school plays a crucial role in their development, learning, and overall health and well-being. Healthy lunchboxes can be simple if you pick and mix from each dietary group.

Visit [Nutrition Australia](#) for more information.





## Structural Engineering & Manufacturing at Western Technical College



Swizel and Logan were captured in action at Western Technical College yesterday. They are both studying Structural Engineering & Manufacturing. Are you interested in VET opportunities? Click [here](#) to visit our Careers Portal online for more information.

## 'Old Gold' Graduate Story: Luisa Richards (2013)



Luisa Richards (2013) completed a Bachelor of Nursing at the University of Adelaide, and Graduate Certificate in Acute Care Nursing (Emergency) at Flinders University and has gone on to work as a Registered Nurse in the Emergency Department at the Queen Elizabeth Hospital. In this Languages Week 'Old Gold' Graduate Story special, Luisa also shares her love for languages and experience studying Auslan Certificates 2, 3 and 4 with TAFE SA.

*"I have worked as Registered Nurse in the Emergency Department for 7 years and love the variety of the job – no two days are the same! Our work is so flexible, allowing me to fit a lot of living in around my work schedule,"* says Luisa.

*"I enjoy trying other areas of nursing, so in 2021 and 2022 I reduced my hours to part-time in the Emergency Department and spent 14 months working part-time for Medibank as a Triage Nurse in the telehealth field. If you've ever called HealthDirect for advice, we might have spoken!"*

In this role, Luisa worked from home which she says, *"was a dream"*, although she eventually returned to the Emergency Department because of the eventual isolation she felt working from home.

*"I also have a casual job with Event Medical Plus, working at all sorts of events across SA such as Schoolies, the Adelaide Fringe, and the Adelaide International Tennis, and have recently commenced a casual teaching role with The University of South Australia."*

Luisa shares how she finished her Undergraduate Degree in 2015, and was 20 years old when she started working in the Emergency Department.

*"It felt like being thrown overboard into the ocean, during a tornado, without a lifejacket – I felt very young to be in the position I was, without any life experience, but thankfully was well supported by wonderful colleagues and grew to love the job,"* she expresses.

*"Communication skills are the most vital requirement in my job, and I am thankful to have built on these over many years."*

Luisa studied Japanese in high school and explains learning a language in school *"was an initial building block for developing strong communication, by learning how various cultures and communities differ."*

Throughout high school, Luisa reveals she had an interest in studying Medicine or Speech Pathology although realised at the start of Year 12 that she *"didn't have the passion or drive behind me to strive for a near-perfect ATAR."*

She explains *"once I decided upon nursing, I was able to relax and really enjoy the remainder of my schooling year. I felt extraordinarily*

*supported and encouraged at Nazareth, by both staff and students, academically and personally. I was given so many opportunities that have helped shape who I am as a person, and that I remain grateful for."*

Once Luisa started her studies at TAFE in Auslan she drew upon the Japanese skills she learnt in high school as the grammar is similar in both languages which she found very helpful.

*"Since learning Auslan I have noticed a significant, positive change in my communication, having studied non-verbal communication in depth. This has been hugely beneficial in many ways to my work and allows me to connect quickly and efficiently with people from a variety of language and cultural backgrounds,"* says Luisa.

*"I have found language beyond work has enriched my life in ways I never imagined. Not only is it a beautiful language that the Deaf and Hard of Hearing community graciously share, but it has such strong connections to the culture that has taught me to understand and further appreciate how important our multicultural community in Australia is. Not only has my spoken and signed communication improved, but I feel that my relationships have also grown because I have a deeper understanding and awareness of non-verbal indicators,"* she says.

Next on the horizon professionally for Luisa is to complete a Diploma of Auslan which is currently not offered in Adelaide, but she is patiently waiting for this to become an option. She is also hoping to complete a Diploma in Interpreting. She explains *"so I can combine my nursing and language skills to provide more inclusive and accessible healthcare for the Deaf and Hard of Hearing community. Luisa says her personal aspiration is "as long as I'm having fun, I'm happy".*

Luisa shares her message for current Nazareth students:

*"I hope the class of 2023 can dedicate time to focus on developing their bonds with classmates, build an inclusive cohort who cheer each other on despite their differences, and enjoy their final year together. Year 12 can feel like a never-ending rollercoaster while you're in the thick of it, but in a decade's time, all you'll remember is the fun and friendships."*



*Rest in Peace*

**Anne Harvey**

**22.10.1943 - 17.02.2023**

*Eternal rest, grant unto Anne, O Lord, and let perpetual light shine upon her. May Anne's soul and the souls of all the faithfully departed, through the mercy of God, rest in peace.*



**Nazareth**

It is with great sadness that we share news of the recent passing of Anne Harvey – a remarkable teacher and friend to many. Anne passed away peacefully at the Mary Potter Hospice after a short but ever-optimistic battle with cancer. She was a valued member of our community and will be remembered fondly by students, graduates and staff, past and present.

Anne had a rich career in Catholic Education, which included decades of service as a teacher, counsellor and leader at St Dominic's Priory College, Siena College and Nazareth. Anne also served our community as a generous volunteer for over 6 years – sharing her

expertise and passion for supporting young people, particularly those at risk or struggling. Anne's specialty was listening to students' stories and providing her wholehearted care.

As we remember Anne with much respect and affection, our prayers and condolences are also extended to her family and friends. May her beautiful soul rest in peace.

## Nazareth Employment Opportunities

Please note the following employment opportunities at Nazareth:

- 7-12 Learning Diversity (Inclusive Education) Teacher
- Year 9 & 10 Science Teacher

Further information can be found by visiting our website <https://www.nazareth.org.au/positions-vacant>.

# COME AND TRY LACROSSE!

**THURSDAY 30 MARCH**

straight after school 3pm at  
*Nazareth Primary Campus, Findon*  
conducted by the Woodville Lacrosse Club



**LACROSSE** is a fast and fun team sport played with a netted stick and ball, and combines the best elements of hockey, basketball and soccer.

Players use the head of the lacrosse stick to carry, pass, catch, and shoot the ball into their opponents' goal.

The Woodville Lacrosse Club invites Nazareth students to come and try lacrosse, and if you love it, to then join our Club and represent the **Warriors!**

*Lacrosse is played on Saturday mornings in Terms 2 and 3*

*We enter teams in all junior grades:*

- Under 8 mixed
- Under 11 boys and girls
- Under 13 boys and girls
- Under 15 boys and girls
- Under 17 boys and Under 18 girls

## FIND OUT MORE

Lyndall Feleppa

0414 780 330

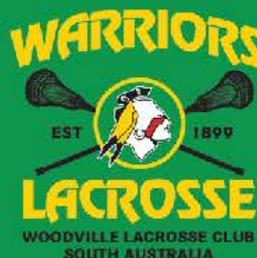
[juniors@warriorslax.com](mailto:juniors@warriorslax.com)

[www.warriorslax.com](http://www.warriorslax.com)



[facebook.com/warriorslax](https://www.facebook.com/warriorslax)

[instagram.com/warriorslax](https://www.instagram.com/warriorslax)



# Free Hair Styling

Would you like a free hair wash and blow dry? Certificate II Salon Assistant Trainees (including our Nazareth students) are looking for models at Western Technical College on Tuesdays.

If you would like to help these wonderful students learn their craft, receive a free wash, and blow dry under the supervision of their fantastic Trainer Krissy, click [here](#) for the link and book yourself an appointment – it's free!

# New Music featuring Nazareth Graduate and Music Tutors

Kelly Doddridge, Director of Nazareth's Vocal Jazz 1 Ensemble, has recently released an EP titled, Phonation, with his own compositions of outstanding musicality.

This album doesn't only feature Kelly's incredible music writing skills, it also features his own vocals, along with Nazareth vocal tutors Stacey Theel and Luke Thompson, and Nazareth Graduate Philimon Araya.

If you're passionate about jazz music, Kelly's EP is well worth having a listen to! Check out Kelly's [website](#) and his [first video recording here](#).

# Community Noticeboard

**Woodville District Baseball Club**  
**Junior Senators**  
**Term 3 T-Ball**  
**FRIDAY NIGHTS 4:30PM TO 5:30PM**  
 Drummond Avenue, Findon

- Boys & Girls
- Ages 4 - 12 years old
- No experience necessary
- All equipment supplied
- Term 3 is FREE (fee applies if you continue for the rest)

**HOMWORK & STUDY SUPPORT**  
 Needing help with your study / homework? Aged 12-20yrs? Come along to our free homework and study support sessions and get the help you need from our friendly volunteers. School terms only.

Tuesday 5pm - 5pm  
 The Bricks Youth Centre  
 111 Woodville Road, St Clair

Thursday 5pm - 5pm  
 Findon Community Centre  
 222 Findon Rd, Findon

For more information or to book p. 8408 1111 e. youthdevelopment@parksrsc.sa.gov.au

**the parks the Y**  
**SCHOOL HOLIDAY FUN**  
**Nerf Wars, Mighty Days, Skating, Aqua Inflatable**  
 ages 5-14 Mighty Days \$48 | Other activities \$12

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**MIGHTY DAYS**  
 Team Games, Disco, Sports, Theatre, Nerf, Pool, Scavenger Hunt, Science Experiments, Slime Making.  
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**the parks the Y**  
**HEAD START SPORT**  
**HOLIDAY TENNIS CLINICS**

**PROGRAM DETAILS BELOW**

<b>LOCKLEYS</b>	<b>PAGE PARK</b>
<b>VENUE:</b> Lockleys Tennis Club	<b>VENUE:</b> Page Park Tennis Complex
<b>LOCATION:</b> Rutland Ave, Lockley, 5023	<b>LOCATION:</b> Off Craig Rd & East Ave, Campbell Park, 5075
<b>AGES:</b> 5 years - 17 years	<b>AGES:</b> 5 years - 17 years
<b>DATES:</b> Mon - 10th July (select any or all dates)	<b>DATES:</b> Mon & 20th July (select either or both days)
<b>TIMES:</b> 9am - 11am (5yrs and under) 11am - 12pm (13yrs and over)	<b>TIMES:</b> 9am - 11am (5yrs and over) 11am - 12pm (13yrs and over)
<b>COST:</b> \$35 per day (10yrs), \$50 per day (13yrs)	<b>COST:</b> \$35 per day (10yrs), \$50 per day (13yrs)

**LOCKLEYS** 0407 833 850 **BOOK HERE**

**PAGE PARK** 0407 833 850 **BOOK HERE**

**UNITED GYMSPORTS**  
**HOLIDAY GYMNASTICS SESSIONS**  
**SESSIONS \$8 EACH**

**SESSION TIMES:**  
**MONDAY 17TH & TUESDAY 18TH JULY**  
 9:30AM - 10:45 AM  
 11:00 AM - 12:15 PM

Please bring a water bottle and socks for trampolining, and wear clothes suitable for active participation (i.e. no skirts)

**COME TRY TUMBLING**  
**MONDAY 17TH AT 11 AM**  
 Does your child love to flip? Come and try tumbling! Learn rolls, cartwheels, round offs, flips, squats, and more! Suitable for ages 7+

Come and join in the fun! Gymnastics sessions for participants ages 4+ - beginners welcome!

Register here:

Or click here: [Or click here](#)