



Please note: if you are reading this newsletter from your email, you will not see any photo galleries or videos featured within it. Click read more to view the internet version of our newsletter so that you don't miss out on seeing our latest photos and videos.

For notices, event reminders, calendar dates and other important information, please remember to read the Nazareth Weekly newsletter, released each Thursday. Previous Editions of Aspire and Weekly newsletters can be found by clicking 'Read More' in any of the stories below and navigating to the Newsletter menu (top left).

## Recent News



During Reconciliation Week our youngest learners extended their knowledge of what reconciliation means. From infants to our 3-5 Neighbourhood, we took a deep dive into exploring the intent and 'why' behind some of our regular practices including our daily Acknowledgement of Country.

The Toddler Neighbourhood embarked on ways to connect with Country through community walks and used the outdoor yarning circles to share in their acknowledgement together. Making use of 'Dadirri' – the call to deep listening, we reminded our children to use all their senses to connect with the land around them; feeling the land beneath, the cool air on their skin, the sound of birds above, the sight of the beautiful land around them, and the words of Niina Marni which we spoke each day. Our MacKillop Room demonstrated how our youngest Nazareth members can engage and respond to Aboriginal culture and perspectives through the use of sensory provocations with sand and natural materials, as well creating their own paint by grinding ochre with mortar and pestles.

Across our learning spaces, we used storytelling to learn more about the meaning of reconciliation. Adam Goodes book 'Somebody's Land' became a favourite amongst all the children as they relished in engaging with this story.

Taking our learning one step further, the 3-5 Neighbourhood visited the South Australian Museum where they explored the Aboriginal Cultural Gallery. Our teaching placement student Sophie Bishop, a young Ngarrindjeri woman, led conversations on the use of each tool and told stories of the weaving techniques. She also encouraged the children to observe the symbols of the Aboriginal artwork displayed on the museum walls. During the visit we were fortunate enough to participate in a story-telling opportunity led by the museum staff as they read a range of books by First Nations authors to the children including 'Mum's Elephant' and 'Found'.

The ECC children brought their learning back to Nazareth as they researched further into Aboriginal artwork, symbols, and dance. They also worked together to create a renewed Acknowledgement of Country.

We hope to continue our journey of Reconciliation through the use of consistent and authentic practices which embed Aboriginal perspectives into our learning programs.









## Years 4-6 | State Cross Country



On Thursday 8 June, 11 students from Nazareth were selected in the Western Districts Cross Country team.

Team: Ivy, Lexi, Aalia, Archer, Ben, Mercedes, Avalina, Mikayla, Indiana, Piper and Leon.



The team was exposed to the weather elements throughout the day, making the track slippery and running conditions challenging. Our students did extremely well on the day, many of them returning to school covered in Oakbank mud, which added to the eventful experience.

Competitors placings, with times listed below:

#### 12 Year Old Boys

- Leon 82nd in a field of 208 competitors. Time 4:24 minutes. Western District 5th.

#### 12 Year Old Girls

- Indiana 52nd in a field of 162 competitors. Time 4.56 minutes. Western district placed 1st
- Piper 129th in a field of 162 competitors. Time 5.41.43 minutes. Western District placed 3rd
- Mikayla 132nd in a field of 162 competitors. Time 5.45.49 minutes. Western District placed 4th

#### 11 Year Old Boys

- Archer 99 in a field of 173. Time 4:32 minutes, Western Districts placed 4th
- Ben 150 in a field of 173. Time 4:47 minutes, Western Districts placed 5th

#### 11 Year Old Girls

- Mercedes 144th in a field of 152. Time 6:10 minutes, Western Districts placed 3rd
- Avalina 147th in a field of 152. Time 6:13 minutes. Western Districts placed 4th

#### 10 Year Old Girls

- Ivy 38th in a field of 172. Time 4:52 minutes. Western Districts placed 1st
- Lexi 146th in a field of 172. Time 5:40 minutes. Western Districts placed 4th
- Aalia 147th in a field of 172. Time 5:41 minutes. Western Districts placed 5th





## Years 5-6 | Knockout Netball



On Monday 5 June, Nazareth Year 5/6 Girls Knockout Netball team took to the courts against Lockleys North and Henley Beach. Under the guidance of Mr Duane Massey and Lily Massey the team worked well and bring home the double win.

- 1st Game: Nazareth Catholic College (40) defeated Henley Primary (19)
- 2nd Game: Nazareth Catholic College (39) defeated Lockleys North (11)

All the players excelled in the various positions that they played during the two games. The defence match up with Carah and Eve worked exceptionally well to maintain several turnovers for Nazareth. Our attacking side was also strong with the various players working in that area of goals through Indiana, Charlotte, Adahlia, and Carah.

The mid court area was extremely powerful through the abilities demonstrated by Mikayla, Adahlia, Lexie, and Allegra.

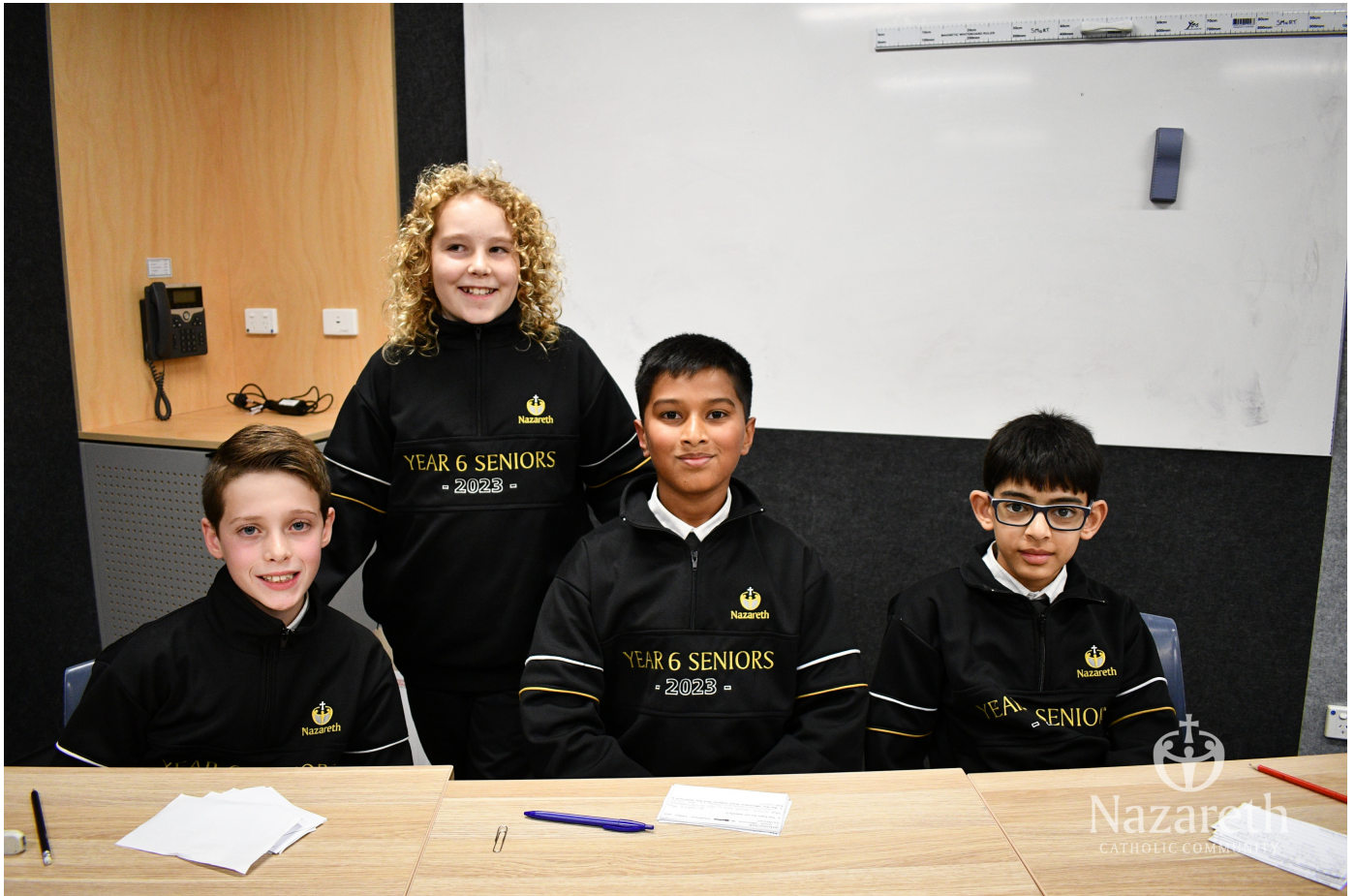
Team: Eve, Mikayla, Lexie, Indiana, Adahlia, Allegra, Charlotte and Carah.

Coaches: Mr Duane Massey, Ms Lily Massey.

The team now moves through to Round 2 against Westminster and St. Peter's Woodlands (host school).



## 6-12 | Debating



The 2023 debating season with Debating SA is in full swing now, with 10 Teams with students from Years 6 – 9 participating in their round 2 debates last week.

Year 6 teams passionately argued on the affirmative side of 'That Schools should have a dog to reduce stress in the classroom' last Thursday night against Thomas More College and Sacred Heart College. Both debates were incredibly close, with our Year 6 teams taking away a narrow win and a narrow loss.







## Years 7-8 | Japanese Recital Competition



Monday evening this week, Sasha, Gabrielle and Hannah competed in the Japanese Language Teachers' Association of SA Year 7-8 Recital Competition in which they had to memorise a given Japanese script and recite it in front of an audience.

The students did an excellent job and represented Nazareth very well with Hannah taking out 3rd place in the Beginners' category. Congratulations.



## 7-12 | First Nations Cultural Tour



First Nations students and their friends were lucky enough to have a Cultural Tour with Iteka Sanderson-Bromley. She is a powerhouse of cultural knowledge and creativity, with roots deep in the Narungga, Adnyamathanha, and Yarluyandi traditions. Her passion for her culture drives her to seek out new adventures and keep her teachings fresh and relevant for the next generation, which she was able to do for our group on Friday morning.

We were treated to a tour of the Botanic Gardens from a variety of Nations' perspectives. We embarked on a trail where we were able to be curious and delve into the rich cultural heritage on our doorstep.

We learned about the various ways native plants were used, listening to history and gaining a deeper understanding into ways of living, hunting and creating. Did you know that a Gum Tree can split up to 90%, yet still survive? If you've got one with holes in it, it probably has some Wichetty grubs hiding!

Some of the new knowledge that students are now bringing with them include;

- *"I now know what kinds of plants can provide makeshift housing with extra protection (Bunya Plant), but I definitely don't want to be knocked on the head with a Bunya nut"*
- *"I liked knocking on the Bottle Plant to find out where the water level stopped for easy access"*
- *"I know which Pepperberry plant is toxic and which isn't! It's all in the leaves".*

Students wished to have been able to immediately use their new learning – wanting to drink from fresh Yucca root stems as a new



hydration source and make native Lemongrass tea – but only with the dried sections. Lapping up cultural knowledge was a highlight, followed by an opportunity to thank Iteka and have lunch together connecting and reflecting on their year so far. A very knowledgeable Reconciliation Week for us all.



## 7-12 | Reconciliation Sports Rounds



We have been embracing the spirit of Reconciliation through sport Reconciliation rounds over the past couple of weeks. Our games became a powerful symbols of unity, understanding, and respect as we took time to honour First Nations' rich culture, history and connection to the land we play on.







## 7-12 | Music Wind Band Festival



The Nazareth Senior Concert Band enjoyed workshops at Adelaide University on Sunday 4 June in the inaugural Wind and Band Festival. This culminated in an outstanding performance on the Elder Hall stage.

Students engaged in a variety of activities, directed by University lecturers and senior instrumental professionals, learned of pathways for University study and thoroughly enjoyed the experience.

Thanks to Mrs Muhlack and Mrs Joyce for supporting our students in enabling this to occur, and also the team at ABODA for coordinating such a wonderful event.







## Year 10 | Stage 1 Bushwalking



Stage 1 Outdoor Ed adventurers have been conquering the wilderness at Belair National Park and Deep Creek over the past couple of weeks. Rain or shine, the students successfully carried their own camping gear, food for cooking, and navigated nature's maze.







## Year 10 & 11 | Italian Cooking Demonstration



Our Stage 1 and 2 Italian students enjoyed a cooking demonstration with Rosa and Nancy from Nonna's Cucina last week.

The students learnt how to make Ciceri e tria a chickpea pasta dish and Bombette Pugliese, fresh pork meat rolls. Served with fresh focaccia bread and an Italian pastry dessert pasticciotto salentino.









Did you know, Nazareth offer Try-a-Trade courses in partnership with Western Technical College for Year 10 students.

Work with industry professionals and explore hands on training in industry areas. Expressions of interest are now open for Term 3 & 4 in the following areas:

- Automotive
- Construction
- Electrical
- Engineering




- Plumbing
- Screen & Media
- Salon & Make Up
- Salon & Barbering

Nazareth will contribute 50% of the course cost. Places are limited so complete the [Expression of Interest form](#) now.





# Years 10-12 | Careers Noticeboard

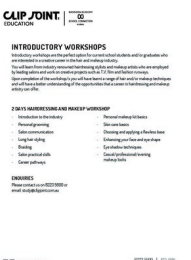


**CIVIL TRAIN**  
VET IN SCHOOLS WITH CIVIL TRAIN

**INTRODUCTORY WORKSHOPS**

**2-DAY INTERVIEW AND ASSESSMENT WORKSHOP**

**WHAT CAN CIVIL TRAIN OFFER?**




**CLIP JOINT**  
EDUCATION

**CERTIFICATE II IN SALON ASSISTANT**  
SHB30221

**EMPLOYMENT DETAILS**

**UNITES OF COMPETENCY**

**APPLICATION PROCESS**




**CLIP JOINT**  
EDUCATION

**CERTIFICATE II IN RETAIL COSMETICS**  
SHB30212

**EMPLOYMENT DETAILS**

**UNITES OF COMPETENCY**

**APPLICATION PROCESS**



**VET IN SCHOOLS**  
CERTIFICATE II IN  
RETAIL COSMETICS  
SHB30212

**UNITES OF COMPETENCY**

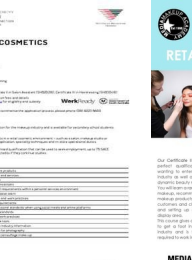
**APPLICATION PROCESS**

**COURSE FEES**

**INCIDENTAL EXPENSES**

**DURATION**

**NEXT INTAKE**



**VET IN SCHOOLS**  
CERTIFICATE III IN  
MAKE-UP  
SHB30221

**UNITES OF COMPETENCY**


**APPLICATION PROCESS**

**COURSE FEES**

**INCIDENTAL EXPENSES**

**DURATION**

**NEXT INTAKE**



**VET IN SCHOOLS**  
CERTIFICATE III IN  
BEAUTY SERVICES  
SHB30121

**UNITES OF COMPETENCY**


**APPLICATION PROCESS**

**COURSE FEES**

**INCIDENTAL EXPENSES**

**DURATION**

**NEXT INTAKE**



**VET IN SCHOOLS**  
CERTIFICATE III IN  
BEAUTY SERVICES  
SHB30121

**UNITES OF COMPETENCY**

**APPLICATION PROCESS**

**COURSE FEES**

**INCIDENTAL EXPENSES**

**DURATION**

**NEXT INTAKE**

# Year 11 | Nazareth Legal v The Courts



Stage 1 Legal Studies students accompanied by Mr Ray Blucher and Ms Nadia Dametto, visited the courts on 2 May. Samuel Way Building was the first stop. We had hoped to see a jury being empanelled as one was scheduled for the day but this was not to be the case. Our assumption, the accused had pleaded guilty as the court would not be sitting. Instead we heard the closing arguments being presented by the barrister representing an accused, who was charged with numerous counts of theft.

Noticing four barristers in the court room with only one accused led us to assume the defence lawyer referring to court documents was a Senior Counsel. Senior Counsels are recognised for their contribution and advocacy skills.

Following a recess break, we headed to the Magistrates Court. While a number of cases were rescheduled for a later date, the class saw a person charged with driving under the influence lose her licence for 3 months, while another accused declined assistance from the duty solicitor and did not seek bail. A break in court proceedings saw the Magistrate speak to the students about the legal system. He reinforced their learning regarding how summary and indictable offences are dealt by different courts.

After lunch, we headed to Parliament. We were met by the Honourable Tom Koutsantonis, who led us into the gallery where we could view parliamentary proceedings in the House of Assembly. Question time proved to be the highlight of the day. The class saw the



Premier Peter Malinauskas enter the chamber and acknowledge the students in the gallery; witnessed Ministers being questioned on the role they were performing; even heard the Speaker warn the members about their behaviour. The opposition was in fine form, questioning the actions or lack of action on the part of the Ministers. We heard about the shortage of pillows and tissues in hospitals. They also heard the speaker 'welcome the students of Nazareth Catholic College.'

Question time proved to the students that in a democracy you need to have the opportunity to ask for clarification/explanation regarding what is being done to address the issues the state is facing. Members of the House of Assembly represent electorates, they need to be the voice of their electorate.

A brief visit to the Legislative Council confirmed that while both houses operate in a different manner, our bicameral system of government aims to deliver the best outcome for the people.

**Ms Nadia Dametto**

**Teacher**

## Stage 2 | Japanese Immersion Camp



During Week 3, the Stage 2 Japanese students engaged in an Immersion Camp with various experiences across the city focussing on the Japanese language and culture.

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After breakfast, we tried Tadoku on our laptops. I started by reading a book called "The Dog's Ball." I was impressed by being able to read a book and talking to teachers in Japan (about what we read). I was nervous.

Next, we ate obento for lunch. It was healthy and looked delicious so I was happy. After lunch, I did the Japanese quiz together with Ava



and Sofia. We learnt about Japanese geography, landmarks, vocabulary and proverbs and my team won which was great.

- Angelina (Year 12)





## Year 12 | Legal Investigation



The April holidays saw the Year 12 legal enthusiasts visit the State Courts and Parliament. The classroom may be where learning takes place, but viewing court proceedings would make it unforgettable. Sitting in the courtroom, taking in the layout, wearing wigs and gowns confirms you are in a special place. A place where justice is on show.

Principal Andrew Baker joined the students. The class met at Samuel Way Building, where indictable offences were listed for trial. Courts are open to the public (except for the Youth Court) but advice is generally sought from Officers on duty. An impressive building with the top floor having been renovated. Some members of the class were able to sit in on a bail application and relay the information to those who had to wait outside the court.

Recess/lunch break meant a visit to the central market. An opportunity to relax and enjoy the surroundings.

Next stop was the Magistrates Court to view how this court operates. It was clearly less intimidating than the Samuel Way Building.

The group sat the back of the court observing the proceedings. Despite being in casual attire, the Magistrate identified them 'as students', and provided them with the opportunity to ask questions and ask questions they did. To an observer, it appeared that the magistrate was in the witness stand.

During our visit we saw the start of a private prosecution. This was new to all of us, including teachers. How the magistrate dealt with the matter confirmed the terms heard in class, namely right to remain silent, burden on prosecution.

Our visit to Parliament during a non-sitting day allowed the students to step into the two chambers. The Hon Tom Koutsantonis, Minister for Infrastructure, Transport, Energy and Mining organised for Hon Russell Wortley MLC to take the students on a tour of Parliament and the library. We appreciated the time he spent talking to us and explaining the parliamentary processes employed.

Two weeks later the class had the opportunity to hear Sean Fewster and Daniel Panozzo speak on the Justice System. Their commentary was both informative and engaging. The audience participated by answering their questions or indeed ask questions of the presenters. The information the two presenters shared with the audience left us questions, questions which will lead to future discussions. One of our students was asked by the presenters to undertake research into a court case .... and research he did.





## Year 12 | Food Wastage Project



Food Waste is an ongoing issue that has an effect on our environment, locally, nationally and globally. As more food is produced and sold, more waste is created in the process and contributing to the current climate change crisis.

On average 931 million tonnes of food is wasted each year globally and the number will continue to rise in the future. It can cost governments millions of dollars to dispose of and break down the waste, which reflects a negative response to the issue. It causes land,



money, and water to be used excessively to break down food which could be possibly reused and the resources to be diverted to more important things in the community.

In addition, while the waste is broken down it creates methane which acts as greenhouse gases and forms air pollution. To reduce the effects of climate change a simple change in how we act toward wasting food and by pro-actively finding alternative methods to make a better future.

In Society and Culture, my group was tasked with focusing on an issue that could be on a local, national, or global scale in which we picked Food Waste since it affected all these levels. As part of our project, we were tasked to research our issue and take a social action that was undertaken in our local community.

We settled on the idea to create Food Waste boxes that allowed students at Nazareth to place their unwanted or uneaten food into a box where it would be re-distributed and available to other students who were unable to bring enough food to school or couldn't afford food at the café. This was successful over the days in which we advertised this action in we were able to acquire a substantial amount of food which we later distributed to anyone who needed it.

The goal was to simply find food that could have been thrown away and reuse it instead of wasting it all together. Although this was completed on a smaller basis, this idea can be projected on a much bigger scale and eliminate a percentage of the food waste currently. If actions like these are taken more often it can lead to the next generation having a better future and building on positive recycling of food waste.

**Noah Trzesinski-Smith**

**Year 12 Student**







Year 12 students over the last few weeks have also been connecting with external organisations in preparation for life after school. These have taken different focuses, including Mental Health and Wellbeing connections with Headspace as well as a session with Relationships Australia about gambling and sportsbetting. As part of the Relationships Australia session, we heard from Daniel, from the organisation's 'consumer voice' program who shared his journey and lived experience with gambling. Students showed an amazing sense of reverence and were truly grateful for Daniel's openness in sharing his story with us.

***Diana Virgo***

***Year 12 Coordinator***



## Community | Reconciliation Week



Across our community we engaged in activities to recognise and learn about National Reconciliation Week last week.

The ECC took part in activities and went to the South Australian Museum to explore the Australian Aboriginal Cultures Gallery (read more in story above).

The Year 2 students have been learning about Aboriginal Culture and created a diorama based on the Dreamtime Story, How the Birds Got Their Colours.

In Playgroup children participated in a range of activities and read the book Somebody's Land.

We encourage everyone to be a voice for Reconciliation. It's a time for all of our community to learn about shared histories, cultures, and achievements, and to explore how we can contribute to achieving Reconciliation in Australia.





## Community | Nazareth Graduates Volunteer for Vinnies

Nazareth Graduates are making a difference - Kylan Beech (2020), Abbey Hilton (2020), Daniel Daminato (2021) and Maddi Papantoniou (2012) are among the group of young social justice advocates who have banded together to form a Vinnies SA youth conference, with the aim of making a difference to the lives of those doing it tough.

Read more about their work in the latest edition of The Southern Cross.

If you're 18-35 and want to make a difference too, check out the contact details at the bottom of the article.





This week our Catholic Identity leaders (Christian Martino, Mirella Romeo and Linda Low) had the opportunity to attend an inspiring and motivating professional development session at The Living Kurna Cultural Centre.

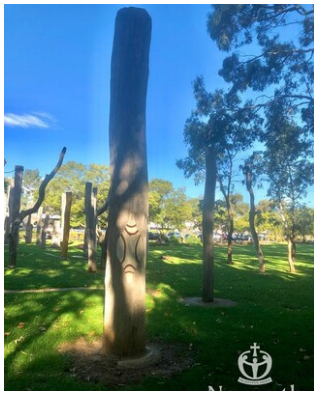
Led by the esteemed Jacqui Remond, the session focused on implementing an ecological plan within our school community, a crucial initiative strongly advocated by Catholic Education South Australia. The aim was to explore and embrace the Living Laudato Si Goals, specifically addressing the imperative aspects of Responding to the Cry of the Earth, Responding to the Cry of the Poor, and Ecological Economics.

Under Jacqui Remond's guidance, we delved into planning, taking action, reviewing progress, and reporting on our school's pursuit of the Laudato Si Action Goals. What truly stood out was the emphasis on involving our students in setting goals and driving actions. Sharing the goals and actions we've already undertaken with other schools was also encouraged, fostering collaboration and exchange of best practices.

Jacqui Remond is a remarkable leader in Integral Ecology, serving as the Lead Animator of Integral Ecology in the Faculty of Theology and Philosophy at the Australian Catholic University. She co-founded the Laudato Si' Movement and currently co-coordinates the Ecology Taskforce at the Vatican Dicastery for Integral Human Development.

We are grateful for the opportunity to attend this inspiring and motivating experience and are excited to begin implementing the valuable learnings. Stay tuned as we bring these insights to life and foster a better culture of care for our common home at Nazareth.







## Community | 'Old Gold' Graduate Story: Tommy Christop (2014)



Tommy Christop (2014) after graduating from Nazareth began a new chapter in Melbourne and undertook a Bachelor of Human Services, and Masters of Social Work at La Trobe University. Now working as a Community Social Worker and Project Worker at Banyule Community Health.

Once he completed his studies Tommy worked as an Oncology Social Worker at the Peter MacCallum Cancer Centre, supporting patients and their loved ones during their cancer diagnosis and treatment. *"I worked with patients who were diagnosed with colorectal and lower gastrointestinal cancers, and it was rewarding to support them and their loved ones during a very difficult time".*

In his current role, he is coordinating the Emergency Relief Program and he conducted a research evaluation project of the Peer Support Service component of LIFT Stepped Care Model for Mental Health. *"I focus on supporting community members with obtaining assistance*



*in the provision of food relief and material aid, to alleviate the financial hardship they have experienced due to their psychosocial circumstances. He continues "I also provide short to medium-term casework support to assist individuals with various social-health related issues".*

Over the last year, he has also been responsible for leading and supporting Banyule Community Health with obtaining Rainbow Tick Accreditation, providing a welcoming, safe, and inclusive service to people who identify as LGBTIQ+.

*"I am very grateful for all of the opportunities I have been given, to make a significant impact on the health and well-being of individuals, families, groups and communities".*

Tommy says *"It has been important for him to maintain a balance between his personal and professional life when working in the helping profession. There have been times in my role where I am physically and emotionally exhausted, due to the complexities I address in my client work. I am very fortunate to have a supportive team environment and formal supervision in place".*

Tommy shares a key highlight he has experienced in his social work career so far which is *"how rewarding it is giving back to people who have experienced significant trauma in their lives. Also being a voice for the marginalised, oppressed, and disadvantaged in society, empowers me to support clients in achieving the best possible outcome towards their circumstances". He continues "I may have only done something small to support someone, but to them, it's a big thing. Being a light amongst the darkness and supporting clients to become the best version of who they can be, truly brings me so much happiness".*

*"From a young age, I always knew I wanted to be in the helping profession".*

He says *"When my friends were going through a difficult time, taking the time to listen and provide them the space to express their thoughts and feelings associated with their experiences is something I loved helping them with. It brought me joy and happiness knowing I could provide a listening ear to my friends when they faced adversity".*

Tommy explains his passion for social work came from his personal experiences but also from his Year 12 Research Project which focused on understanding the practical strategies counsellors implemented in their roles, to reduce the risk of vicarious trauma.

*"At that time, I remember coming across information about the roles social workers have in advocating to alleviate the disadvantages individuals, families, groups and communities experience with accessing inclusive and equitable healthcare".*

He then began researching social work degrees at university which made him realise it was the career path he wanted to pursue after graduating high school.

Tommy shares he received significant support from his Mentor Group Teacher, Mrs Sarah Chemny in Year 12 when he was going through personal challenges. *"Mrs Chemny's warmth, compassion, devotion, and unconditional support, gave me the strength and motivation to focus on my aspirations, and not allow the negativity to prevent my growth".*

*"Mrs Chemny always provided an open forum for me to come into her office outside of Mentor Group, as well as after school, to check in on how my day went, and see how I was feeling".*

The support Tommy received from the staff at Nazareth enabled him to put more effort into producing high-quality standards of work while receiving support for his well-being.

Tommy shares he will never forget how proud the Nazareth staff were at the Year 12 Graduation. *"For me, it was a night filled with excitement and happiness because, despite the personal battles I faced, I stood my ground, got back up on my feet, and gave everything my all in my studies. I was so proud of myself".*

*"At that moment, it was the beginning of me evolving into who I have become today. All the experiences you go through in life, support you with becoming the best version of yourself, and lead you to all of the blessings life has waiting for you".*

Tommy explains when he moved to Melbourne he experienced high levels of anxiety when he was starting university. *"It was a vulnerable time in my life as I was leaving the place where I was born and spent most of my childhood and adolescent years living. However, I knew that this was my life path. I had the resilience, determination, and ability to connect with others, as well as see my personal and professional visions become reality".*

He shares that the qualities he has developed through his social work career have helped him become the person he is today. *"Engaging in leadership activities to implement organisational changes, has provided me an opportunity to critically reflect on how I have been a leader to achieve my personal aspirations and prosper in all aspects of my personal and professional life".*

Tommy provides some valuable advice *"You need to be vulnerable to evolve in all aspects of your life, especially when creating the life, you want. Through this, you can reach your highest potential, and be rewarded with all the work to make things happen. You are the narrator of your own story".*



The advice Tommy gives the Nazareth students is that “everything falls into place at the right time”.

“Celebrate yourself, and the growth you make every day, as this can empower you to focus on creating the life you want. Never let negativity outshine you. Remember, you are the pen and you have the power to write each chapter of your journey in a way that aligns with who you are. This is guiding you to reach your highest potential and preparing you to receive all the rewards you desire. Trust the process and know that you have what it takes, to make things happen”.

Tommy hopes to continue to focus on reaching his highest potential. He is aiming to start supervising social work students to help them understand the social work role and provide a space where they can apply their key learnings from university to become the best social worker they can be once they graduate.

“I want to continue doing what I love the most. Helping people and making a difference in their lives. People need a voice, someone to listen, someone to understand, and to help them recognise their potential to become advocates of change. This work aligns with the person I am today and is something I want to continue doing for the rest of my life”.

## Community Noticeboard

## Community | The Southern Cross



The latest edition of the Southern Cross is now available. [Click here to read the full edition.](#)