

Issue Date 23 June 2023



ECC - Year 12 | Feast of the Sacred Heart



Last week we celebrated the Feast of the Sacred Heart at Sacred Heart Church Hindmarsh, sharing mass with students from St Joseph's Hindmarsh, Our Lady of La Vang and St Michaels College.

Nazareth was represented by students from the ECC through to Year 12. It was so nice to celebrate our shared tradition as a wider Catholic community across the Sacred Heart Catholic Parish: Hindmarsh - Findon.

Year 5 | Camp



Last week, the Year 5s travelled to Aldinga Beach for an Aboriginal Studies and Kaurna Culture experience. The students participated in a range of activities while learning about Aboriginal culture, stories and history.







Year 5 & 6 | Knockout Football



Our Year 5/6 footballers gave their all in last week's School Sport SA knockout footy tournament. The boys fought hard, winning one game and losing another, showing their unwavering spirit on the field. The girls may not have secured a victory in their matches, but they exemplified the best attitude and effort. We are incredibly proud of the determination and sportsmanship shown by all players!



5-7 | Battle of the Rock Bands



On Wednesday night our Year 5-7 Rock bands battled it out at the annual Battle of the Rock Bands.

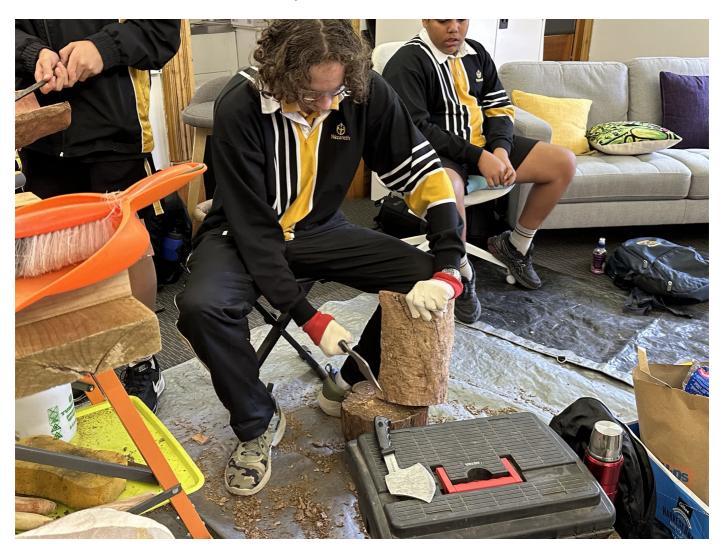
This year, we had many schools enter, with several bands returning again for their third year in a row. The competition was fierce with the standard at an extremely high level for Primary Bands.

Congratulations to all the students involved, including the Year 5 band who placed 3rd and our Year 6 band who placed 1st.

Also to the three Nazareth Rock bands, who went head to head in the Year 7 Division. What a great night filled with talent and rock.



7-12 | First Nations Thriving People Excursion



On the First Nations Thriving People excursion our students experienced a range of immersive activities that celebrate Aboriginal culture, history and stories, acknowledging we are living and learning on Kaurna Land.



7-12 | Pedal Prix



We raced, we cheered, we crashed and we raced some more!

30 students competed in four teams (Evolve, Nitro, Frosty and Storm) on the Victoria Park circuit for the 6 hour Pedal Prix race last weekend.

For more of the day's action, visit our Instagram.

Year 7 | Kelcey Dolphin Author Visit



Teenage author Kelcey Dolphin, known for her published novels at the age of twelve, recently delivered an inspiring author talk to Year 7 students. Kelcey shared her personal writing journey, emphasising the power of words and the importance of pursuing one's dreams at any age.

Kelcey Dolphin has been writing stories since she could hold a pencil. She was ten years old when she began writing the Pack series. At eleven, Kelcey completed the six book series and began the publishing process. She lives in the southeast of South Australia on a small farm with her parents and brothers. She drew her inspiration from other books and her dogs.

Kelcey captivated the students with anecdotes of her writing process and the thrill of holding her published works. She encouraged students to believe in their creative abilities and embrace perseverance and hard work as keys to success.

A lively Q&A session followed, allowing the students to engage directly with Kelcey and seek guidance on various aspects of writing.



Year 10 | Application of Maths Excursion



Last week, our Year 10 Applications of Maths students travelled to the Australian Space Discovery Centre and learnt about the future of the space industry and how satellites work. They then explored the Museum of Discovery where they had a presentation from Mod Director and Futurist Dr. Kristin Alford. She shared how futurists pose questions and explore everything from the probable to the preposterous. Students then had the opportunity to explore the Flex exhibition which asks "Are limits made to be pushed?".



Year 11 | A Taste Of Asia Event



On Friday 16 June the Stage 1 Food & Hospitality students worked collaboratively to produce and present "A Taste of Asia" three course menu to their parents.

The parent dinner forms part of their subject assessment and is another example of how our curriculum combines real world teaching and learning. The students produced 32 portions of their designated recipes, ensuring quality control of each portion. The menu incorporated a range of dishes from countries within the Asian continent including crispy Chicken Bao Buns, Green Chicken Curry, Pork Tonkatsu and Black Sesame Ice cream for dessert.

Students were also expected to fulfil front of house duties, including welcome to country, prayer and service of meals to guests. It was a great work experience for the students, giving value to the nature of work within the hospitality industry.

"The event was really good, we got to work together as a group. I really enjoyed learning how to serve the plates of food to the guests in the correct way, which was one of the most challenging but enjoyable parts of the night". - Dylan

"It was a special night as I got to serve a meal to my parents. In the commercial kitchen I got to use a lot of equipment like the deep fryer and dishwasher. Trialling the recipes and tasting the food we created was also an enjoyable part of the assessment." - Romeo

"The commercial dishwasher was a saviour – there were a lot of dishes and thankfully we did not have to do them by hand. It was a long 14 hours on our feet but it was great seeing our parents and feeding them a lovely meal." - Chanelle

Ann-Marie Springhetti Food and Hospitality Teacher





Year 11 | Yoga & Mindfulness Excursion



On Monday 5 June, the Year 11 Yoga and Mindfulness class worked with Lana Vukadinovic's Receptions and Jane Watson's Year 1 classes teaching the students yoga and mindfulness. The experience was really positive for all involved.

Hayley Weston and Tina Ebenreuter Yoga and Mindfulness Teachers

Year 12 | Comfy Clothes Day



Last Friday, the Year 12 students wore their comfy clothes to promote the importance of sleep towards physical and mental health. The students participated in a range of fun activities during the day and raised money for the Catholic Charity Centacare.







Last week, South Australian Premier Peter Malinauskas took over our Stage 2 History and Legal Studies excursion. The Year 12 students were lucky to have a personalised tour of Parliament House with the Premier and Newland Member Olivia Savvas MP on sitting day to watch democracy in action. They also had the opportunity to explore the Migration Museum to discover the history of South Australia.



10-12 | Careers Noticeboard



17 / 23

Inspiring Minds: Enhancing Teaching Practices and Community Wellbeing with Madhavi Nawana Parker



At the recent Findon Campus Staff Formation Day, teaching and education support staff were captivated and inspired by Madhavi Nawana Parker, an enthusiastic and relatable presenter from Positive Minds Australia. The focus of the day was on the "What's the Buzz?" program, an internationally acclaimed evidence-based approach for teaching young people social and emotional intelligence, created by Madhavi and her colleague Mark Le Messurier.

Madhavi's session proved to be a great source of empowerment and encouragement, reinforcing the value of the work Nazareth staff already do, while offering insights into how we can continuously improve. The importance of connection and contribution to life in and beyond the classroom was emphasised, highlighting the positive impact of building strong and positive relationships.

Madhavi shared many ideas that could easily be incorporated into classroom practices, all aimed at supporting and nurturing the social and emotional well-being of the children under our care at Nazareth, whilst also building on our own wellbeing.

After experiencing the insights and benefits of Madhavi's teachings, we are eager for parents and caregivers to have the same opportunity for an engaging educational session. Please stay tuned to the Nazareth Newsletter for information about an upcoming 'Positive Minds Parent Presentation' which will provide strategies for you to support your child's social and emotional growth at home.

At Nazareth we are committed to fostering an environment that prioritises the wellbeing of all in our community, and events like our Staff Formation Days play a vital role in achieving this goal.

'Old Gold' Graduate Story: Louise Connelly (2019)



Louise Connelly (2019), after graduating from Nazareth, went to complete a Bachelor of Paramedic Science at Flinders University. After completing her degree, Louise moved to London at the start of this year to work as a newly qualified paramedic for the London Ambulance Service. She works in the Southwest region, particularly out of Wimbledon.

"Since finishing my degree my life has changed a lot in such a short period of time. It has been an amazing opportunity to work and live in such a vibrant city within Europe. I have been able to already start travelling on my time off and I aim to travel across Europe whilst living in London."

Louise shares that her career journey has only just begun, but since she finished high school, she had valuable opportunities to complete placements with the SA Ambulance Service whilst she completed her degree.

"I was able to learn from amazing paramedics and be able to consolidate my practical skills and knowledge in a working environment. Since completing my degree, I have had the amazing opportunity to meet other Australian paramedics who have followed the same journey to London." "I'm really looking forward to this new adventure, working in a busier city and gaining plenty of professional and life experiences," she shares.

Louise says she had a passion for paramedicine throughout high school. "My interest sparked in year 10 and continued throughout my schooling. I remember being overwhelmed with stress throughout year 12 as I knew that my only course preference was Paramedic Science."

She reveals "since I was 16 years old, I had always talked about becoming a paramedic and working in London. To be doing it now, it's a dream come true. I would say that Nazareth played a role in achieving this."

"The college provided me endless support throughout times when my health challenged me and my ability to attend school. A special shoutout to Mrs Grantham, Mrs Virgo, and the staff at Nazareth who provided me with constant support throughout the toughest times and encouraged me to keep on going."

Louise shares that transitioning from high school to university was a smooth process and that Nazareth contributed to the smooth academic transition by providing all the tools needed to complete self-directed learning at university.

"My first year out of high school was quite isolating as my university transitioned to an online learning approach due to COVID-19. However, from the end of my first year of university, I was able to meet and work with many amazing people whom I am lucky enough to call friends."

Louise says "Completing placements with paramedics throughout my degree gave me insight into the real world outside of school and made me appreciate life and how challenging it can be. I really enjoyed my degree and would recommend it to anyone who has a passion to help others and provide emergency medical care."

The advice Louise would give the current and future Year 12 students, is to "work hard and achieve your goals but to also remember that it is only one year, and your final year, so enjoy it. If you don't accomplish your goal at the end of it that doesn't make you a failure. There are so many pathways and avenues you can take to achieve your goals."

Louise hopes to continue to see where the adventure in London takes her. While working as a paramedic in London she plans to travel around Europe on her days off.

"I plan to just see where life takes me, which may lead me back home to Adelaide one day."

Community | Graduate Sporting Success



In a remarkable display of skill and determination, Andriana Petrakis (2020 Graduate) made her mark at the Global Games in France. Global Games is the biggest international sport competition for elite athletes with intellectual impairment. Andriana represented Australia and finished in an impressive 5th place. The matches took place at the prestigious Sporting Vichy-Bellerive Tennis Club, nestled in the picturesque town of Vichy. Andriana's exceptional performance on the court left her feeling delighted with her achievements, as she displayed a mastery of the game that earned her recognition and praise from her teammates and opponents alike.

Amidst the intense competition, Andriana took a break to witness the highly anticipated finals match between renowned tennis players Novak Djokovic and Casper Ruud at the world-famous Roland Garros stadium. This unique opportunity allowed her to witness top-level tennis and draw inspiration from the world's best.

Beyond the tennis courts, Andriana embraced the vibrant cultural experience that France had to offer. She embarked on various sightseeing activities, immersing herself in the rich history and charm of the country. Highlights of her trip included visits to iconic landmarks such as the Eiffel Tower and the Statue of Liberty, exploring souvenir shops, attending theatrical performances, and savouring the diverse culinary delights of local restaurants and cafes.

One of the most rewarding aspects of her time at the Global Games was the opportunity to forge meaningful connections with athletes from different countries.

"My highlights were making new friends from different countries, experiencing culture in France, tried different foods, represented Australia in tennis and sightseeing with my team. I had lots of fun!"

Congratulations Andriana!





Community | Southern Cross



The latest edition of the Southern Cross is now available. Click here to read the full edition.

All Content Copyright 2023 ©