

## Information for parents and carers

The Keeping Safe: Child Protection Curriculum (KS:CPC) is child safety and respectful relationships education for children and young people from birth to year 12 (age 17+). It is taught in schools and preschools by educators who have completed required training.

The KS:CPC was developed in South Australia by the Department for Education and is highly regarded due to its depth of content, breadth of learning and contemporary nature.

The KS:CPC supports children and young people to:

- understand they have the right to be safe
- recognise abuse and unsafe situations
- develop and apply strategies to help keep themselves safe
- seek support and report.

Education is paramount in protecting the rights of all children and young people and empowers them to advocate for their safety and the safety of others.

Parents and carers are encouraged to speak with their child's school or preschool regarding the implementation of the KS:CPC.

An overview of the KS:CPC is provided on the following page.

For additional information, refer to: www.kscpc.sa.edu.au/parent-carer-information.

## Resources for parents and carers

- Australian Centre to Counter Child Exploitation: www.accce.gov.au
- Child Helpline International (for schools outside of Australia): <u>www.childhelplineinternational.org</u>
- Consent can't wait (Australian Government): www.consent.gov.au
- eSafety Commissioner information for parents: www.esafety.gov.au/parents
- Kids Helpline information for parents: <u>www.kidshelpline.com.au/parents</u>
- National sexual assault, domestic and family violence counselling service: <a href="www.1800respect.org.au">www.1800respect.org.au</a>
- Parent easy guides (Parenting SA): www.parenting.sa.gov.au/easy-guides
- Raising children network: <u>www.raisingchildren.net.au</u>
- Youth Law Australia: www.yla.org.au

## **KS:CPC themes**

The two themes focus on the core principles and key understandings of the curriculum:

- We all have the right to be safe.
- We can help ourselves to be safe by talking to people we trust.

## **KS:CPC** overview

The KS:CPC addresses child safety and respectful relationships (including online) in age and developmentally appropriate ways for children and young people from birth to year 12 (age 17+).

Keeping safe	<ul> <li>Understand the two KS:CPC themes.</li> <li>Identify trusted people and support services to seek help from.</li> </ul>
Rights and responsibilities	<ul> <li>Everyone has rights and responsibilities.</li> <li>Privacy, personal space and boundaries.</li> <li>How gender stereotypes can impact individuals and society.</li> </ul>
Safe and unsafe	<ul> <li>Warning signs as indicators of unsafe situations.</li> <li>Strategies to respond to unsafe situations.</li> <li>Managing risk to help make situations safer.</li> </ul>
Trusted networks	<ul> <li>Qualities of a trusted person.</li> <li>Developing a trusted network of people and support services.</li> <li>How to access trusted people and support services.</li> </ul>
Respectful relationships	<ul> <li>Characteristics of healthy, unhealthy and abusive relationships.</li> <li>Rights and responsibilities within relationships.</li> <li>Consent and applying strategies in different contexts.</li> </ul>
Power in relationships	<ul> <li>Positive use and abuse of power.</li> <li>Harmful behaviours in relationships, including bullying and domestic and family violence.</li> <li>Strategies to address harmful behaviours.</li> </ul>
Body parts and touch	<ul> <li>Correct names and location of body parts.</li> <li>The whole body is private.</li> <li>Safe, unsafe and unwanted touch.</li> </ul>
Understanding abuse	<ul> <li>Harm, abuse (physical, sexual, emotional) and neglect.</li> <li>Strategies for reporting abuse and unsafe situations.</li> <li>Safe upstander behaviours when supporting others.</li> </ul>
Strategies	<ul> <li>Resilience, persistence and assertiveness.</li> <li>Protective strategies to increase safety.</li> </ul>
Seeking support	<ul> <li>Reviewing trusted networks regularly.</li> <li>Seeking support from trusted people and support services, including in emergencies.</li> </ul>