

July 2026



Made In the Image of God Sexuality and Respectful Relationships Curriculum (MITIOG)

Year 5 and 6

Dear Parents and Caregivers,

The *Made in the Image of God Sexuality and Respectful Relationships Curriculum (MITIOG)* is the official program for sexuality and respectful relationships education in South Australian Catholic Schools for Years R-12. Each year our students engage with age-appropriate curriculum content regarding sexuality and respectful relationships through MITIOG. This year this curriculum will be taught during Term 3, (weeks 7-10).

Catholic understanding is that all humans are made in the image of God and therefore deserving of the utmost dignity and honour, and that our sexuality is a fundamental dimension of the human person. We acknowledge that the beliefs, values and insights of the Christian Tradition and Catholic moral teaching enrich our lives.

The MITIOG curriculum content is captured and delivered across 2-year stages. Attached is a summary of the concepts your child will learn about in MITIOG across their particular 2-year stage.

The content to be covered in the MITIOG, Human Sexuality Curriculum for Year 5 and 6 will be:

- An appreciation of the Christian understanding that sexuality is a gift from God who calls people to use it respectfully. A respectful attitude towards self and others as changes occur during puberty.
- A recognition of the physical, social, emotional, spiritual and intellectual growth and development that occurs in males and females during puberty.
- To identify strategies for managing physical and emotional changes during puberty.
- Basic understanding of the female and male reproductive systems.

We acknowledge that families are the first educators of their child's sexuality and that it is the role of the school to support families in this area. We are committed to supporting and enriching these partnerships.

Whilst this curriculum has been mandated to be taught in Catholic Schools in South Australia, should you be uncomfortable with any aspect of the program, please contact your child's class teacher before week 4.

We look forward to working in partnership with you in this important learning area.

Kind Regards

Year 5 and 6 teachers